



South Burnaby Garden Club

April 2017

NEWSLETTER

Our next meeting will be:

Tuesday, April 4, 2017

Bonsor Community Centre

6550 Bonsor Avenue- 2nd floor



So Spring is finally here. Today you really can't tell as it's raining and grey as I write this. But by the time of our meeting, fingers crossed, we should be having more sunshine and warmth to wake up our gardens.

Although we've had a wet one this winter, we will still be heading into water restrictions a little later this year. Our good friend Conway Lum will be our speaker at this meeting to remind us of what's coming and the potential changes this year. He is in the know and will give us the scoop from the Greater Vancouver district. And as you know he's always a great one to ask questions of if you have something you need advice on.

Unfortunately I won't be at this meeting either but I know you'll get lots of great information from Conway. Have a great meeting.

Lucette

CLUB AGENDA

7:30 - 8:00 PM - Club Business

8:00 - 9:00 PM -Guest Speaker

9:00 - 9:20 PM -Show Bench

The first day of spring is one thing, and the first spring day is another. The difference between them is sometimes as great as a month. ~Henry Van Dyke



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Club Plant Sale

When: Saturday April 22

Time: 9:00 am - 2:00 pm

Location: All Saints Anglican Church

Royal Oak & Watling Street (1 block North of Rumble)

All Saints Anglican Church has once again generously offered their boulevard for our annual plant sale.

Spring is a little late this year, we all hope April will bring better gardening weather. We hope with warmer weather we will find plants in our gardens that will benefit from division. Your donations of plants, bulbs, tubers all make our plant sale a success.

Dan has generously offered to refurbish garden tools for the sale. They may be left at his front door or gate.

Volunteer signup sheets will be available at the April meeting. Please volunteer to participate in our annual plant sale. This event is an important fund raiser for our club and also an opportunity to introduce ourselves to local gardeners.

Thank you.

Joanne & Gene Kozier

Plant Sale Coordinators





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Thanks to Our Volunteers

Thanks to Lucette Wesley who on very short notice organized our information table at Mandeville's recently. Lucette calmly & quickly printed off club flyers & bookmarks, featuring upcoming events and colorful pictures from our member's gardens. Our table very "welcoming & friendly" and saw quite a bit of action as well as generated interest with many customers. Thanks also to the other Saturday volunteers Judy, Len and Martine. Also to thanks to Dan who "bravely" volunteered" solo "on Sunday. It turned out to be a very "win win" situation for us as Lucette was able to sign a couple of future guest speakers and there may be a surprise guest at our Xmas Party.

Well done everyone and our thanks to Mandeville for allowing us the opportunity to showcase what our Garden Club is all about.





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Hot Cross Buns

Ingredients

½ cup raisins, currants, or craisins + 1 cup boiling hot water
¾ cup very warm milk, divided into ½ cup and ¼ cup (I used whole milk, 2% is fine)
½ cup white sugar + ½ tsp sugar
¼ cup (4 Tbsp) unsalted butter, softened 15 seconds in microwave
½ tsp salt
1 envelope active dry yeast (about ¾ Tbsp or 2¼ tsp) - I used Red Star Yeast
2 large eggs, well beaten
3½ cups unsifted all-purpose flour
¼ tsp ground cinnamon
⅛ tsp (a large pinch) ground nutmeg

For the Egg Wash:

1 egg, well beaten with 1 tsp water

For the Glaze:

½ cup Powdered sugar mixed with 2½ tsp MilkDirections



Instructions

1. In a small bowl, combine ½ cup raisins/craisins with 1 cup boiling hot water. Let sit 10 min then drain well and set aside.
2. In a large measuring cup, combine ¼ cup very warm milk with ½ tsp sugar and sprinkle ¾ Tbsp yeast over the top. Stir and let sit at room temp until bubbly and doubled in volume (10 min).
3. In a large mixing bowl (I use my KitchenAid mixer), combine ½ cup very warm milk with ½ cup sugar, 4 Tbsp softened butter and ½ tsp salt. Stir until butter is melted. Add 2 well beaten eggs and proofed yeast mixture. Stir in ¼ tsp ground cinnamon and pinch of ground nutmeg.
4. Using the dough hook attachment mix in 3½ cups flour, 1 cup at a time until soft dough forms. Knead 8-12 min or until smooth and elastic. Dough will still stick a little to the bowl but not to your fingers.
5. Add drained raisins/craisins (pat them dry with paper towels if they still seem too wet) and transfer dough to a large buttered bowl, turning it to bring the buttered side-up. Cover with a tea towel and let rise in a warm, draft-free room 1½ hours or until doubled in volume (you can also proof in a warm 100°F oven).
6. Turn dough out onto a lightly floured surface and cut in half then continue cutting dough until you have 12 equal sized pieces. Roll dough into balls and transfer to a buttered 9x13" baking pan. Cover with a tea towel and let them sit in a warm, draft-free room 30 min until puffed.
7. Now you should preheat your oven to 375°F. Generously brush the tops with egg wash and bake for 15-17 minutes or until tops are golden brown. Remove from oven and let cool in the pan.
8. Once buns are just warm (not hot), stir together the ½ cup powdered sugar and about 2½ tsp milk. You can add more powdered sugar to thicken it up if needed. Transfer glaze to a ziploc bag, cut off the tip of the bag and pipe a cross shape over each of the buns. Serve warm or at room temperature.

Source: <http://natashaskitchen.com>



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Helpful Tips to Help Grow A Bee Friendly Garden

1. Plant native flowers. Native flowers help feed your bees and are uniquely adapted to your region.
2. Select single flower tops such as daisies and marigolds, rather than double flower tops such as double impatiens. Double headed flowers look showy but produce much less nectar and make it much more difficult for bees to access pollen.
3. Plan for blooms season-round. Plant at least three different types of flowers to ensure blooms through as many seasons as possible, thus providing bees with a constant source of food. For example:

Crocus, hyacinth, borage, calendula, and wild lilac provide enticing spring blooms.

Bees feast on bee balm, cosmos, echinacea, snapdragons foxglove, and hosta in the summer.

For fall, zinnias, sedum, asters, witch hazel and goldenrod are late bloomers that will tempt foragers.
4. Create a "bee bath." Bees need a place to get fresh, clean water. Fill a shallow container of water with pebbles or twigs for the bees to land on while drinking. Make sure to maintain the container full of fresh water to ensure that they know they can return to the same spot every day.

Source: <http://thehoneybeeconservancy.org/plant-a-bee-garden/>



Thanks for the great photos
Martine.

In The Kitchen

Co-Captains

Margaret Matovich
Shirley Bailey

Goodies

Elizabeth Beer
Greg Templeton





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Sunshine

A get well card was sent to Paul Vander.

It's Membership Renewal Time

Membership expires on March 31/17.

Membership forms are available at meetings or on our website.

Dues are \$17 for a single member or \$20 for a family. Cheques should be made out to "South Burnaby Garden Club".

Next Steering Committee Meeting

Betty Girard is Chair

Tuesday April 18 @ 7:00
at Dan's home

Members are welcome to attend Steering Committee meetings as observers.

If you would like to attend please email the Committee at: sbgcinfo@telus.net



Garden Tours

I'm thinking I might show my yard this year (Lucette) so if you live close by in the south slope area, perhaps you could open your garden on the same day and we could make an afternoon of touring. Call me if you'd like to discuss.

Garden Photos

You are now seeing the spring flowers poking out of the ground so don't forget to start taking pictures for our November photo garden tour. This is a great time to catch the back yard birds looking for birdhouses to nest in and the furry friends hunting down your bulbs to enter in the photography portion of our Fall Fair too.

Deadline for May bulletin is
April 20/17





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Show Bench Schedule

Welcome Guest Judge: Radina Jevdevic

Decorative: THEME . . . Dances

1. Line Dance - A horizontal arrangement
2. Rumba - An arrangement using vibrant spring flowers
3. Jive - A design using two containers
4. Minuet - A petite design not to exceed 9" in any direction

Show Bench:

5. Narcissus - 3 stems white
6. Narcissus - 3 stems yellow
7. Tulip - 3 stems miniature
8. Tulip 3 stems distinct
9. Streptocarpus - 1 plant in bloom
10. African Violet - 1 plant in bloom - single crown
11. Pansy - 3 blooms CVA
12. Violas - 5 blooms CVA
13. Violets - 5 stems
14. Tree - 3 branches , flowering
15. Shrub - 3 branches, flowering (eg Rhodo)
16. Primula - 3 stems
17. Muscari - 5 stems
18. Hellebore - 1 stem
20. Rhubarb - 3 stems (plate)
21. Spring onions - 5 (plate)
23. Anything not listed above





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2017 Calendar

April 4

SBGC Meeting

Rotating Chair: Betty Girard

April 22

Annual Plant Sale 9 am - 2 pm

All Saints Anglican Church,
Royal Oak & Watling St. , Burnaby

May 2

SBGC Meeting

Rotating Chair: Lucette Wesley

June 6

SBGC Meeting

Rotating Chair: Leanna Hawkins

July 4

SBGC Meeting

Rotating Chair: Syl Davis

August 1

SBGC Meeting

Rotating Chair: Leanna Hawkins

September 9 & 10

Fall Fair

Rotating Chair: Dan Oldroyd

October 3

Potluck & Auction

Rotating Chair: Dan Oldroyd

November 7

SBGC Meeting

Rotating Chair: Elizabeth Beer

December 5

Christmas Dinner

Rotating Chair: Elizabeth Beer

2017 Steering Committee

April Rotating Chair :

Betty Girard

Treasurer :

Elizabeth Beer

Secretary:

Betty Girard

Newsletter Editor:

Leanna Hawkins

Speaker Convener:

Lucette Wesley

Bonsor Liaison & Membership:

Syl Davis

Sunshine:

Joan Burnstead

Fall Fair Co-Chairs:

Dan Oldroyd & Daphne Sinclair

